Autumn 2018 South Herefordshire Dowsers' Newsletter

Dowsers Field Trip to Lydney Park, Gloucestershire, on May 30th

The Lydney Park site, perched on a steep sided hill high above the flood plains of the River Severn, has a long history of visible occupation, from Iron Age through Roman and Norman, to its still occupied Victorian house and garden. Perhaps its most remarkable feature is a late Roman settlement and healing centre dating from the fourth and fifth centuries, set within a former Iron Age hill fort. In the troubled era of the breakdown of Roman civilization, this defensible site held onto the Roman dream of baths and temples and is thought to have been a wealthy pagan pilgrimage centre based around the healing temple of the native god, Nodens. In the 1920's, the most well known archaeologist of his day, Sir Mortimer Wheeler, excavated a small part of the settlement, including the Temple of Nodens plus some adjacent buildings. What Sir Mortimer did not investigate however - but which SHD Training Officer, Glan Jones, has - is the extraordinary earth energy pattern underneath the healing Temple of Nodens. The temple lay out can be clearly seen today, with its uncovered base standing a couple of feet above ground level. Steps lead up from the south side into a large central room with a cubicle at the northern end and stone benches to the side. Around the outside of this inner room runs a corridor, off which there is an irregular arrangement of cubicles, of a size and shape to suggest a bed with access to one side of it. In a central position in the large inner room, a very strong spiral of energy emerges from the earth below, its influence spreading outwards into the room. The enlivening and invigorating effects of this energy spiral were palpable to those who stood in it and was backed up by dowsing the extent to which their auras had expanded from contact with it. This effect appeared to last for an hour or so afterwards. Just the thing, perhaps, to boost resistance, vigour and a weakened immune system. In addition to the central spiral itself, more than a dozen lines rayed out like the spokes of a wheel, in such a way that each cubicle and seating area is crossed by one of them. It is difficult to conceive that the temple designers could not have been aware of these lines and ensured the cubicles were built to benefit from their presence. Dowsing also suggested that the priests were consciously aware of these energy patterns and harnessed them to enhance their medical treatments. Glan, who perceives different energy frequencies as colours, identifies the energy patterns as being 'blue and white' - a combination associated with healing properties which he has only seen rarely at other locations.

The dowsers also dowsed the water supplies to the site, examined the uncovered part of the Roman bath house and the entrances to old iron mines, and discussed the role of photographs in aiding attunement to the subject of the photograph. Since it should be possible to connect to the Lydney temple healing spiral using such methods, here is a photograph of the healing spiral position for you to experiment with at home:



The party adjourned at lunch time as rain set in and revisited the tearoom in the main house for more home made cake, and to enjoy the small museum of site finds and Maori artefacts.

Thanks, Glan. A grand day out!

Report on Hellens Garden Festival June 9th/10th

Hellens Manor at Mach Marcle is an ancient house with an indoor ghost or two from a troubled past. The lush and extensive gardens, however, with their historic perry mill, converted barn and seventeenth century dovecot seemed bathed in harmony and sunshine for the two day garden festival on June 9th and 10th.

Following long negotiations by SHD's Janet Monnington and much confusion involving the BSD and liability insurance, a cooperative appearance by members of the South Herefordshire Dowsers and the Malvern Dowsers came together at the eleventh hour, and SHD members helped out on the Malvern stand at the festival, based around a very welcome gazebo and storage tent supplied by Malvern's commercial water dowser, Linda Prenter.

Malvern Dowsers' Ced Jackson and Linda were both booked to do talks and demonstrations from the stand twice a day, but outside these times, everyone soon found themselves heavily involved with manufacturing extra rods, handing out literature, 'selling' home made dowsing rods in exchange for donations to the Village Water charity and showing a stream of people how they too could dowse underground pipes and lines near the stand using a range of dowsing tools provided by Ced.

Local visitors who wanted to learn more about dowsing were referred to either Malvern Dowsers and/or to SHD, according to where they lived.

The weekend raised a net total of \pounds 52.50 for Village Water and the general consensus on all sides was that the cooperative venture had been very worthwhile. Hellens indicated that they would like dowsers to return for next year's festival.

Grateful thanks must go to Janet for stalwartly carrying the arrangements for the weekend through to a very successful completion.



Literature for both dowsing groups, plus rods and basic pendulums were available for visitors.



Linda Prenter demonstrates the use of flag markers to plot the course of underground lines.



Ced Jackson of Malvern Dowsers leads an experiential beginners dowsing session at Hellens.

Field Trip to Arthur's Stone & Dorstone Motte

On a sunny day in June a few members met at Dorstone Community Coffee Shop *Front Room* prior our trip to Arthur's Stone. The trip had been arranged because Layla Chamberlain had contacted me about a very unpleasant experience she had had at the monument about twenty years previously. We enjoyed a drink and cake at the coffee shop, which is a great meeting place in the centre of the village, run by volunteers and open every morning. As parking is limited we only took two cars up the narrow lane to the stones.

Arthur's Stone is situated at the top of a hill looking south over the beautiful countryside and is a peaceful place on a sunny day. We started dowsing, finding various lines running alongside the site, or through it, and two water lines crossing at one end of the stones. We hadn't been there long when a group of walkers came along led by the County Archaeologist. He proceeded to give a talk to his group about the stones to which we listened avidly. He even approved of dowsers! He said the stones could have been a repository for the ancestors' bones after the flesh had been removed by burial and decomposition. It was also probably a place of ritual, although he didn't like this word, and was a very good lookout place to watch other communities on the neighbouring hills. The stones could also have been a border of a particular group's territory. We continued to dowse until lunch time and before we returned to Dorstone Layla, who had been taught to dowse by Glan during the morning, told us her story. She visited the stones with a group of friends at night and stood on part of the broken cap stone. Immediately she felt great menace coming to her from behind. She turned round but the menace was still coming from behind. She lay on the stone and was overwhelmed by the malevolence surrounding her. At this point she returned to her car and waited there for her friends. Following the talk and our dowsing and spending time near the stones she felt she understood better what had been going on. She now feels that she was resonating with a past life when she was a small man who delighted in rape and pillage and general nastiness and the malevolence she felt were her companions from her past life disapproving of her reincarnating as a woman and no longer wishing to go on the rampage.

After a picnic lunch some of us visited the motte in Dorstone and Ros found there had been four stone circles there dedicated to the sun, moon, the earth and Venus. Glan found that our auras had greatly increased in the area of the motte and also found 32 energy lines going through it. At 3 pm we went our separate ways after an interesting day, blessed with dry and mostly sunny weather.



Ann Silk, David Exell and Layla Chamberlain

Remaining Meetings this year:

September 6th : 'Dowsing for Healing' with Ced Jackson. Ced's healing methods take into account the influence of detrimental energies in a person's immediate environment as well as their own resilience and energy in standing up to them. He will show how dowsing can be used both for the detection of health problems and in healing them. Bring your own pendulum along if you have one. Ced is a founder member of the Malvern Dowsers as well as a consultant to the British Feng Shui Society and an experienced and accredited healer. See: www.dowsingforhealth.net

October 4th : 'An Introduction to Eden Energy Medicine' with Justine Johnson. Formulated by prominent American healer, Donna Eden, this comprehensive system can be used by those who do not tend to naturally see or to sense energies but who still wish to work on harmonising the human body at an energetic level. Based on the premise that everything is fundamentally composed of energy itself, Justine will be demonstrating how this healing system re-balances an individual's own energies in order to give a better sense of wellbeing and enhanced vitality and performance.

Justine is a trained practitioner of Eden Energy Medicine based in Monmouth. November 1st : (PLEASE NOTE THE EARLIER START TIME OF 7.p.m.) 'Holy Sites, Sacred Spaces' with Adrian Incledon-Webber. Sacred sites raise a huge number of questions, such as 'What constitutes a sacred or holy site?', 'Can we know what our ancestors were truly thinking when they built them?', 'Were they sited to correspond with natural energy lines or for some other reason?' Drawing on his vast experience, Adrian will aim to answer these and many other questions.

An ever popular speaker, Adrian is former Vice President of the British Society of Dowsers, and former chair of their Earth Mysteries and Dowsing for Health Groups. See www.dowsingspirits.co.uk

This talk will be followed by the member's **Annual General Meeting**. **December 6th:** Members' Christmas Luncheon at The Royal Oak, Much Marcle